

CHAMPLIN WEEKLY MENU

Week of August 11 - 8

****Lunch Every Day:**
Chicken Sandwich, French Fries & Onion Rings

<u>BREAKFAST</u>	<u>LUNCH</u>	<u>DINNER</u>
MONDAY – 8/11 French Waffle	ENTRÉE: Hot Dog's with Cheese Sauce STARCH & VEGETABLE: Mac Salad / Monte Carlo Blend ALLERGEN: GF Grilled Cheese w/Ham, Chips, Dill Pickle Spear PIZZA: Assorted DESSERT: Watermelon	ENTRÉE: Fried Chicken Bowl w/Boneless Breaded Chicken, Chicken Gravy STARCH & VEGETABLE: Mashed Potatoes / Corn ALLERGEN: GF Chicken Bowl w/ Mashed Potatoes, Chicken Gravy & Corn PIZZA: Assorted DESSERT: Dutch Apple Pie
TUESDAY – 8/12 Egg & Cheese on an English Muffin	ENTRÉE: Chicken Teriyaki STARCH & VEGETABLE: Jasmine Rice / Broccoli ALLERGEN: GF Chicken Teriyaki, Jasmine Rice & Broccoli PIZZA: Assorted DESSERT: Brownies	ENTRÉE: Glazed Beef Brisket STARCH & VEGETABLE: Parsley Buttered Potatoes / Garlic Green Beans ALLERGEN: GF Glazed Beef Brisket, Parsley Buttered Potatoes & Breen Beans PIZZA: Assorted DESSERT: Smores Cookies
WEDNESDAY – 8/13 Blueberry Pancakes	ENTRÉE: Breaded Chicken w/Honey Mustard Glaze STARCH & VEGETABLE: Seasoned Potato Wedges / Baby Carrots ALLERGEN: GF Breaded Chicken w/Honey Mustard Glaze, Roasted Potatoes, & Baby Carrots PIZZA: Assorted DESSERT: Lemon Cooler Cookies	ENTRÉE: Beef Bulgogi w/Carrots, Onions & Scallions in a Korean Style Sauce STARCH & VEGETABLE: White Rice / Snap Peas ALLERGEN: GF Beef Bulgogi, White Rice, & Snap Peas PIZZA: Assorted DESSERT: Carrot Cake
THURSDAY – 8/14 Egg & Cheese on a Bagel	ENTRÉE: Fried Seafood Platter: Fried Cod, Popcorn Shrimp & Fried Clam Strips STARCH & VEGETABLE: Curly Fries / California Blend w/Broccoli, Carrots & Cauliflower ALLERGEN: GF Pasta w/Meat Sauce, Garlic Toast & California Blend PIZZA: Assorted DESSERT: White Macadamia Nut Cookies	ENTRÉE: Carved Roast Beef w/Beef Gravy STARCH & VEGETABLE: Herb Roasted Potatoes / Chateau Blend Veggies ALLERGEN: Carved Roast Beef w/GF Beef Gravy, Herb Roasted Mashed Potatoes & Chateau Blend Veggies PIZZA: Assorted DESSERT: Cannoli
FRIDAY – 8/15 Bacon, Egg & Cheddar Scramble w/Tortillas on the side	ENTRÉE: Meatballs & Marinara w/Hoagie Rolls STARCH & VEGETABLE: Garlic Toast / Penne Pasta / Steamed Veggie Blend ALLERGEN: GF Fried Chicken Wrap w/Bacon, Cheddar & Choice of Sauce PIZZA: Assorted DESSERT: Chocolate Chunk Cookies	ENTRÉE: Fire Braised Chicken Carnitas STARCH & VEGETABLE: Yellow Spanish Rice / Sauteed Spinach w/Garlic Oil ALLERGEN: GF Fire Braised Chicken Carnitas, Yellow Spanish Rice & Sauteed Spinach PIZZA: Assorted DESSERT: Pumpkin Pie
SATURDAY – 8/16 Brunch Continental Breakfast	ENTRÉE: Egg & Cheese on a Biscuit ALLERGEN: GF Sandwich Bar HOT CEREAL BAR: Oatmeal / Cream of Wheat with dried cherries, craisins, maple syrup, choc chips, spiced apples, coconut, cinnamon, brown sugar PIZZA: Assorted Pizza DESSERT: Assorted Pastries & Donuts	ENTRÉE: Hot Honey Chicken w/Lettuce Tomato, Onion, Pepperjack Cheese, Bacon STARCH & VEGETABLE: Tater Attack w/Bacon & Cheddar / Sauteed Zucchini, Tomato, Onion & Garlic ALLERGEN: GF Hot Honey Chicken Tenders, Rstd Baby Potatoes, Sauteed Zucchini, Tomato, Onion & Garlic PIZZA: Assorted Pizza DESSERT: Ice Cream Novelties
SUNDAY – 8/17 Brunch Continental Breakfast	ENTRÉE: French Toast ALLERGEN: GF Sandwich Bar HOT CEREAL BAR: Oatmeal / Cream of Wheat with dried cherries, craisins, maple syrup, choc chips, spiced apples, coconut, cinnamon, brown sugar PIZZA: Assorted Pizza DESSERT: Assorted Pastries & Donuts	ENTRÉE: Grilled Pork Chops STARCH & VEGETABLE: Baked Potatoes / Roasted Asparagus ALLERGEN: GF Grilled Pork Chops, Baked Potates & Roasted Asparagus PIZZA: Assorted Pizza DESSERT: Ice Cream Novelties