# CHAMPLIN WEEKLY MENU

# Week of November 17-23

\*\*Chicken Sandwich, Hamburgers & Cheeseburgers: Everyday

\*\*Pasta served with 3 Sauces at Pizza Station every Lunch & Dinner except special Pasta Wednesdays

\*\*Macaroni & Cheese Everyday (Next to French Fries)

Oil

\* Salad of the Week: Make Your Own Waldorf Salad – Celery, Grapes, Walnuts, Apples, Chicken & Craisins with a creamy Waldorf Dressing

~ Menu subject to change due to availability ~

#### **BREAKFAST Available Daily:** Monday - Friday:

Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles & Pancakes, Breakfast Potatoes, Bagels/Pastries

#### **LUNCH Available Daily:**

Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings, Mac & Cheese, Pizza, MYO Waffles & Pancakes, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream

#### **DINNER Available Daily:**

Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings Pizza, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream

## **MONDAY - 11/17**

#### **OMELETS TO ORDER**

Waffle Sandwich with Egg & Sausage

#### **DIP & DUNK DAY:**

Chips and Pita Points with Assorted Dips at Salad Bar

### **SOUP:** Beef Noodle Soup

ENTRÉE: Pan Roasted Sausage with Onions & Peppers

STARCH & VEGETABLE: Seasoned Wedge Potatoes / Sauteed

Zucchini w/Tomatoes & Garlic in Olive Oil

SALAD: Macaroni Salad

COOK'S CORNER: Thai Curry Bowl

ALLERGEN: Sausage & Peppers on GF Roll, Sauce & Mozzarella, Steamed Potatoes & Sauteed Zucchini w/Tomatoes & Garlic in Olive

PIZZA: Buffalo Chicken Pizza **DESSERT: Rice Krispies Treats** 

#### **TUESDAY - 11/18**

### **OMELETS TO ORDER**

Apple Oat Strudel Puffs

SOUP: Ham & Bean Soup & Vegetable Soup ENTRÉE: Sweet & Spicy Asian Garlic Chicken

STARCH & VEGETABLE: White Rice / Bok Choy, Peppers, Onions,

Baby Corn & Garlic Oil SALAD: Broccoli Bacon Salad **COOK'S CORNER:** Omelet Extension

**DELI:** BURRITO BAR!

ALLERGEN: GF Sweet & Spicy Asian Garlic Chicken, White Rice, Bok

Choy, Peppers, Onions, Baby Corn & Garlic Oil

PIZZA: Four Cheese Pizza **DESSERT:** Caramel Toffee Cookies **SOUP:** Beef Noodle Soup

ENTRÉE: Blackened Chicken Topped w/Pepperjack Cheese

STARCH & VEGETABLE: Sweet Potato Waffle Fries / Monte Carlo

**Blend Veggies** 

Breakfast 7am - 10:30am

Breakfast 9:30am - 10:30am

Lunch 11am -4pm

**Saturday - Sunday:** 

Dinner 4:30pm – 7pm

Lunch 11am -3:30pm

Dinner 4:00pm – 6pm

SALAD: Macaroni Salad

COOK'S CORNER: Thai Curry Bowl

ALLERGEN: GF Blackened Chicken, Baked Sweet Potato Waffle Fries

& Monte Carlo Blend Veggies PIZZA: Buffalo Chicken Pizza **DESSERT**: Chocolate Layer Cake

SOUP: Ham & Bean Soup & Vegetable Soup ENTRÉE: Grilled, Roasted London Broil with Beef Gravy

STARCH & VEGETABLE: Roasted Potatoes / California Blend Veggies SALAD: Broccoli Bacon Salad

COOK'S CORNER: Omelet Extension **DELI:** BURRITO BAR!

ALLERGEN: Grilled, Roasted London Broil, GF Beef Gravy, Roasted

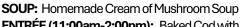
Potatoes & California Blend Veggies PIZZA: Four Cheese Pizza **DESSERT:** Hot Apple Crisp

### WEDNESDAY-11/19

#### **OMELETS TO ORDER**

Egg & Cheese on a Kaiser

**HARVEST DINNER** (Note Adjusted Lunch Hours)



ENTRÉE (11:00am-2:00pm): Baked Cod with Garlic Parmesan Crust STARCH & VEGETABLE: Rice Pilaf / Steamed Broccoli

SALAD: Mexican Chopped Salad

COOK'S CORNER (11:00am-3:00pm): Pasta Action w/ choice of

Chicken, Shrimp, Sausage, Veggies & Sauces

ALLERGEN (11:00am-2:00pm): GF Penne, Chicken & Broccoli Alfredo

PIZZA (11:00am-3:00pm): Garlic Knots / Stuffed Shells

**DESSERT:** White Chip Macadamia

**SOUP:** Homemade Cream of Mushroom Soup

**ENTRÉE:** Roasted Carved Turkey w/Turkey Gravy / Seafood Stuffed Sole w/Lemon Beurre Blanc

STARCH & VEGETABLE: Mashed Potatoes / Stuffing / Homemade

Cranberry Sauce / Cranberry Jelly / Corn

SALAD: Mini Salad Bar & Ambrosia Salad / Assorted Bakery Fresh Dinner Rolls, Cranberry Thyme Butter & Maple Butter

COOK'S CORNER: Roasted Carved Turkey w/Turkey Gravy / Seafood Stuffed

Sole w/Lemon Beurre Blanc **ALLERGEN:** Roasted Carved Turkey, GF Gravy, Corn & Mashed Potatoes PIZZA: Cheesy Garlic Bread / Cheese Tortellini with Marinara Sauce &

**DESSERT:** Pumpkin Pie, Apple Pie, Peach Pie, Cookies & Cream Pie, Pecan Pie,

Pumpkin Roll w/Cream Cheese Frosting

# THURSDAY - 11/20

**OMELETS TO ORDER Breakfast Burrito** 

SOUP: White Chicken Chili & Turkey Rice Soup **ENTRÉE:** Chicken Souvlaki

STARCH & VEGETABLE: Confetti Cous Cous / Sauteed Green Beans,

Peppers, Yellow Squash, Onion & Garlic SALAD: Farro Salad

COOK'S CORNER: Roasted or Fried Chicken Wrap w/Asst Toppings

**DELI: BURRITO BAR!** 

ALLERGEN: Chicken Souvlaki on GF Flat Bread, White Rice, Sauteed

Green Beans, Peppers, Yellow Squash, Onions & Garlic PIZZA: Roasted Garlic, Ricotta, Spinach & Grilled Chicken Pizza

**DESSERT:** Lemon Blueberry Cupcakes

SOUP: White Chicken Chili & Turkey Rice Soup ENTRÉE: Italian Breaded Chicken Breast on Broccoli Cheddar Sauce

STARCH & VEGETABLE: Egg Noodles / Sauteed Spinach

SALAD: Farro Salad

Asiago Cheese

COOK'S CORNER: Roasted or Fried Chicken Wrap w/Asst Toppings

**DELI: BURRITO BAR!** 

ALLERGEN: GF Chicken Tenders on GF Broccoli Cheddar Sauce, GF

Scalloped Potatoes & Sauteed Spinach

PIZZA: Roasted Garlic, Ricotta, Spinach & Grilled Chicken Pizza

**DESSERT:** MYO Crepe Bar w/Toppings & Fruit

### FRIDAY - 11/21

### **OMELETS TO ORDER**

French Toast

SOUP: Chicken Noodle Soup **ENTRÉE:** Chicken Parmesan

**STARCH & VEGETABLE:** Garlic Breadsticks / Roasted Asparagus **COOK'S CORNER:** Steak Tostados & Burrito Bar!

ALLERGEN: GF Chicken Parmesan, GF Pasta w/Marinara Sauce &

PIZZA: Meat Lovers Pizza **DESSERT:** M&M Cookies / Decorate your own Cookie Pop-Up SOUP: Chicken Noodle Soup **ENTRÉE:** Sliced Roast Beef

**STARCH & VEGETABLE:** Scalloped Potatoes / Chateau Blend Veggies

**COOK'S CORNER:** Steak Tostados & Burrito Bar!

ALLERGEN: Sliced Roast Beef w/GF Beef Jus, Roasted Baby Potatoes &

PIZZA: Meat Lovers Pizza **DESSERT: Red Velvet Cake** 

### SATURDAY - 11/22

### **Continental Breakfast** Omelets (CTO)

9:30am-11:00am

SOUP: Soup Du Jour

ENTRÉE: Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00)

Egg & Cheese on an English Muffin (11:00-2:00)

**COOK'S CORNER:** Omelets

HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, craisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread

SOUP: Soup Du Jour

**ENTRÉE:** Honey Ginger Pork Stir Fry

STARCH & VEGETABLE: Basmati Rice / Green Beans COOK'S CORNER: Closed

**ALLERGEN:** GF Honey Ginger Pork Stir Fry, Basmati Rice & Green Beans PIZZA: Assorted Pizza

**DESSERT:** Ice Cream Novelties

# **SUNDAY - 11/23**

**Continental Breakfast** Omelets (CTO)

9:30am-11:00am

**DESSERT:** Assorted Pastries, Muffins & Donuts SOUP: Soup Du Jour

PIZZA: Assorted Pizza

ENTRÉE: Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs

(9:30-2:00)

Sausage Gravy & Biscuits (11:00-2:00)

**COOK'S CORNER:** Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, craisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar

ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss,

Cheddar, American or Provolone on GF Bread

**SOUP:** Soup Du Jour ENTRÉE: Teriyaki Beef

STARCH & VEGETABLE: Hoisin Noodles / Garlic & Ginger Stir Fried Zucchini &

COOK'S CORNER: Closed ALLERGEN: GF Teriyaki Beef, White Rice, Garlic & Ginger Stir Fried Zucchini & Yellow Squash w/Onions

Yellow Squash w/Onions

**PIZZA:** Assorted Pizza

PIZZA: Assorted Pizzas **DESSERT:** Assorted Pastries, Muffins & Donuts **DESSERT:** Ice Cream Novelties