

# CHAMPLIN WEEKLY MENU


## Week of February 9 - 15

- \*\*Chicken Sandwich, Hamburgers & Cheeseburgers: Everyday
- \*\*Pasta served with 3 Sauces at Pizza Station every Lunch & Dinner except special Pasta Wednesdays
- \*\*Macaroni & Cheese Everyday (Next to French Fries)
- \* Visit our NEW Healthy Choice Station Monday-Friday, Located to the Left of the Pizza Station

~ Menu subject to change due to availability ~

BREAKFAST	LUNCH	DINNER
<b>MONDAY – 2/9</b> <b>OMELETS TO ORDER</b> Egg & Cheese on a Croissant	<b>SOUP:</b> Turkey Rice Soup <b>ENTRÉE:</b> Chicken Creole <b>STARCH &amp; VEGETABLE:</b> Basmati Rice / Monte Carlo Blend Veggies <b>SALAD:</b> Creamy Cucumber Salad <b>COOK’S CORNER:</b> Build Your Own Burger Bar <b>ALLERGEN:</b> GF Chicken Creole, Basmati Rice & Monte Carlo Blend Veggies <b>HEALTHY CHOICE:</b> Turkey Burgers <b>PIZZA:</b> BBQ Chicken Pizza <b>DESSERT:</b> Magic Cookie Bars	<b>SOUP:</b> Turkey Rice Soup <b>ENTRÉE:</b> Baked Maple Ham <b>STARCH &amp; VEGETABLE:</b> Roasted Sweet Potatoes w/Maple Glaze / Buttered Corn <b>SALAD:</b> Creamy Cucumber Salad <b>COOK’S CORNER:</b> Build Your Own Burger Bar <b>ALLERGEN:</b> GF Baked Maple Ham, GF Roasted Sweet Potatoes & Buttered Corn <b>HEALTHY CHOICE:</b> Turkey Burgers <b>PIZZA:</b> BBQ Chicken Pizza <b>DESSERT:</b> Chocolate Cream Pie
<b>TUESDAY – 2/10</b> <b>OMELETS TO ORDER</b> Birds Nest  <b>EVERYONE LOVES CHOCOLATE POP-UP Lunchtime</b>	<b>SOUP:</b> French Onion Soup & Split Pea w/Ham Soup <b>ENTRÉE:</b> Seared Salmon w/Wasabi Ponzi Sauce (GF) <b>STARCH &amp; VEGETABLE:</b> Cous Cous / Broccoli & Yellow Squash w/Ginger Butter <b>SALAD:</b> Pasta Salad <b>COOK’S CORNER:</b> Peanut Butter & Jelly Bar! <b>DELI:</b> BURRITO BAR! <b>ALLERGEN:</b> Seared Chicken w/GF Wasabi Ponzu Sauce, White Rice & Sauteed Broccoli & Yellow Squash w/Ginger Butter <b>HEALTHY CHOICE:</b> Flavored Hummus & Veggies <b>PIZZA:</b> Broccoli White Pizza <b>DESSERT:</b> Chocolate Cake, Chocolate Fudge, Double Chocolate Cookies	<b>SOUP:</b> French Onion Soup & Split Pea w/Ham Soup <b>ENTRÉE:</b> Creamy Tuscan Chicken (GF) <b>STARCH &amp; VEGETABLE:</b> Egg Noodles / Sauteed Mixed Veggies <b>SALAD:</b> Pasta Salad <b>COOK’S CORNER:</b> Peanut Butter & Jelly Bar! <b>DELI:</b> BURRITO BAR! <b>ALLERGEN:</b> GF Creamy Tuscan Chicken, GF Fussili & Sauteed Mixed Veggies <b>HEALTHY CHOICE:</b> Flavored Hummus & Veggies <b>PIZZA:</b> Broccoli White Pizza <b>DESSERT:</b> Limoncello Cake
<b>WEDNESDAY – 2/11</b> <b>OMELETS TO ORDER</b> Egg & Cheese on a Biscuit	<b>SOUP:</b> Thai Chicken Noodle Soup <b>ENTRÉE:</b> Orange Chicken (GF) <b>STARCH &amp; VEGETABLE:</b> Egg Rolls / Chateau Blend Veggies <b>SALAD:</b> Pineapple Cottage Cheese <b>COOK’S CORNER:</b> Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces <b>ALLERGEN:</b> GF Orange Chicken, Jasime Rice & Chateau Blend Veggies <b>HEALTHY CHOICE:</b> Stuffed Peppers w/Chicken & Rice <b>PIZZA:</b> Cheesy Garlic Bread / Cheese Tortellini with Marinara Sauce & Asiago Cheese <b>DESSERT:</b> Cream Puffs	<b>SOUP:</b> Thai Chicken Noodle Soup <b>ENTRÉE:</b> BBQ Pork Ribs <b>STARCH &amp; VEGETABLE:</b> Buttered Corn Muffins / California Blend Veggies <b>SALAD:</b> Pineapple Cottage Cheese <b>COOK’S CORNER:</b> Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces <b>ALLERGEN:</b> GF Pork Ribs, Steamed Potatoes & California Blend Veggies <b>HEALTHY CHOICE:</b> Stuffed Peppers w/Chicken & Rice <b>PIZZA:</b> Cheesy Garlic Bread / Cheese Tortellini with Marinara Sauce & Asiago Cheese <b>DESSERT:</b> Cupcakes

<b>Monday - Friday:</b> Breakfast 7am – 10:30am Lunch 11am -4pm Dinner 4:30pm – 7pm	<b>BREAKFAST Available Daily:</b> Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles & Pancakes, Breakfast Potatoes, Bagels/Pastries
<b>Saturday - Sunday:</b> Breakfast 9:30am – 10:30am Lunch 11am -4pm Dinner 4:30pm – 6pm	<b>LUNCH Available Daily:</b> Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings, Mac & Cheese, Pizza, MYO Waffles & Pancakes, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream
	<b>DINNER Available Daily:</b> Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings Pizza, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream

BREAKFAST	LUNCH	DINNER
<b>THURSDAY – 2/12</b> <b>OMELETS TO ORDER</b> Bacon, Egg & Cheese Strudel	<b>SOUP:</b> Broccoli Cheddar Soup (GF) & Beef Barley Soup <b>ENTRÉE:</b> Pepper Steak <b>STARCH &amp; VEGETABLE:</b> White Rice / Garlic Green Beans <b>SALAD:</b> Sealeg Salad <b>COOK’S CORNER:</b> SUSHI BAR! <b>DELI:</b> BURRITO BAR! <b>ALLERGEN:</b> GF Pepper Steak, White Rice & Garlic Green Beans <b>HEALTHY CHOICE:</b> Flaked Salmon Salad <b>PIZZA:</b> Chicken Parm Pizza <b>DESSERT:</b> Dessert Bars	<b>SOUP:</b> Broccoli Cheddar Soup (GF) & Beef Barley Soup <b>ENTRÉE:</b> Roasted Sliced Turkey Breast w/Turkey Gravy (GF) <b>STARCH &amp; VEGETABLE:</b> Mashed Potatoes / Mixed Veggies <b>SALAD:</b> Sealeg Salad <b>COOK’S CORNER:</b> SUSHI BAR! <b>DELI:</b> BURRITO BAR! <b>ALLERGEN:</b> Roasted Sliced Turkey Breast w/GF Turkey Gravy, Mashed Potatoes & Mixed Veggies <b>HEALTHY CHOICE:</b> Flaked Salmon Salad <b>PIZZA:</b> Chicken Parm Pizza <b>DESSERT:</b> Tiramisu
<b>FRIDAY – 2/13</b> <b>OMELETS TO ORDER</b> Egg & Cheese on a Bagel	<b>SOUP:</b> Chicken Noodle Soup <b>ENTRÉE:</b> Stuffed Sole <b>STARCH &amp; VEGETABLE:</b> Parsley Buttered Potatoes / Glazed Baby Carrots <b>COOK’S CORNER:</b> Beef or Chicken Empanadas <b>DELI:</b> BURRITO BAR! <b>ALLERGEN:</b> Grilled Chicken, Parsley Buttered Potatoes & Steamed Broccoli <b>HEALTHY CHOICE:</b> No Bake Energy Bites <b>PIZZA:</b> French Bread Pizza <b>DESSERT:</b> Sugar Cookies	<b>SOUP:</b> Chicken Noodle Soup <b>ENTRÉE:</b> Roasted Sliced Pork Loin <b>STARCH &amp; VEGETABLE:</b> Parmesan Roasted Potatoes / Glazed Baby Carrots <b>COOK’S CORNER:</b> Beef or Chicken Empanadas <b>DELI:</b> BURRITO BAR! <b>ALLERGEN:</b> Roasted Sliced Pork Loin, Parmesan Roasted Potatoes & Glazed Baby Carrots <b>HEALTHY CHOICE:</b> No Bake Energy Bites <b>PIZZA:</b> French Bread Pizza <b>DESSERT:</b> Cheesecakes with Assorted Toppings
<b>SATURDAY – 2/14</b> <b>Continental Breakfast</b> <b>Omelets (CTO)</b> 9:30am-11:00am 	<b>SOUP :</b> Soup Du Jour <b>ENTRÉE :</b> Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) French Toast (11:00-2:00) <b>COOK’S CORNER :</b> Omelets <b>HOT CERAL BAR:</b> Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar <b>ALLERGEN:</b> GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread <b>PIZZA:</b> Assorted Pizza <b>DESSERT:</b> Assorted Pastries, Muffins & Donuts	<b>SOUP:</b> Soup Du Jour <b>ENTRÉE:</b> Sliced Sirloin w/Sauteed Mushrooms & Beef Gravy (GF) <b>STARCH &amp; VEGETABLE:</b> Baked Potatoes w/Butter & Sour Cream / Roasted Asparagus <b>COOK’S CORNER:</b> Closed <b>ALLERGEN:</b> Sliced Sirloin w/Sauteed Mushrooms & GF Beef Gravy, Baked Potatoes w/Sour Cream & Butter & Roasted Asparagus <b>PIZZA:</b> Assorted Pizza / Heart Shaped Pasta with Alfredo Coby Cream or Marinara Sauce <b>DESSERT:</b> Gourmet Cupcakes Made by Culinary
<b>SUNDAY – 2/15</b> <b>Continental Breakfast</b> <b>Omelets (CTO)</b> 9:30am-11:00am	<b>SOUP:</b> Soup Du Jour <b>ENTRÉE:</b> Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) Bacon, Egg, Potato & Cheddar Cheese Casserole (11:00-2:00) <b>COOK’S CORNER :</b> Omelets <b>HOT CERAL BAR:</b> Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar <b>ALLERGEN:</b> GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread <b>PIZZA:</b> Assorted Pizzas <b>DESSERT:</b> Assorted Pastries, Muffins & Donuts	<b>SOUP :</b> Soup Du Jour <b>ENTRÉE :</b> Chicken Fajita with Assorted Toppings <b>STARCH &amp; VEGETABLE:</b> Red Beans & Rice & Jalapeno Corn <b>COOK’S CORNER :</b> Closed <b>ALLERGEN:</b> GF Chicken Fajita with Assorted Toppings, Red Beans & Rice & Jalapeno Corn <b>PIZZA:</b> Assorted Pizza <b>DESSERT:</b> Ice Cream Novelties