

CHAMPLIN WEEKLY MENU

Week of February 9 - 15

**Chicken Sandwich, Hamburgers & Cheeseburgers: Everyday

**Pasta served with 3 Sauces at Pizza Station every Lunch & Dinner except special Pasta Wednesdays

**Macaroni & Cheese Everyday (Next to French Fries)

* Visit our NEW Healthy Choice Station Monday-Friday, Located to the Left of the Pizza Station

~Menu subject to change due to availability~

BREAKFAST	LUNCH	DINNER
MONDAY – 2/9 OMELETS TO ORDER Egg & Cheese on a Croissant	SOUP: Turkey Rice Soup ENTRÉE: Chicken Creole STARCH & VEGETABLE: Basmati Rice / Monte Carlo Blend Veggies SALAD: Creamy Cucumber Salad COOK'S CORNER: Build Your Own Burger Bar ALLERGEN: GF Chicken Creole, Basmati Rice & Monte Carlo Blend Veggies HEALTHY CHOICE: Turkey Burgers PIZZA: BBQ Chicken Pizza DESSERT: Magic Cookie Bars	SOUP: Turkey Rice Soup ENTRÉE: Baked Maple Ham STARCH & VEGETABLE: Roasted Sweet Potatoes w/Maple Glaze / Buttered Corn SALAD: Creamy Cucumber Salad COOK'S CORNER: Build Your Own Burger Bar ALLERGEN: GF Baked Maple Ham, GF Roasted Sweet Potatoes & Buttered Corn HEALTHY CHOICE: Turkey Burgers PIZZA: BBQ Chicken Pizza DESSERT: Chocolate Cream Pie
TUESDAY – 2/10 OMELETS TO ORDER Birds Nest EVERYONE LOVES CHOCOLATE POP-UP Lunchtime	SOUP: French Onion Soup & Split Pea w/Ham Soup ENTRÉE: Seared Salmon w/Wasabi Ponzi Sauce (GF) STARCH & VEGETABLE: Cous Cous / Broccoli & Yellow Squash w/Ginger Butter SALAD: Pasta Salad COOK'S CORNER: Peanut Butter & Jelly Bar! DELI: BURRITO BAR! ALLERGEN: Seared Chicken w/GF Wasabi Ponzu Sauce, White Rice & Sautéed Broccoli & Yellow Squash w/Ginger Butter HEALTHY CHOICE: Flavored Hummus & Veggies PIZZA: Broccoli White Pizza DESSERT: Chocolate Cake, Chocolate Fudge, Double Chocolate Cookies	SOUP: French Onion Soup & Split Pea w/Ham Soup ENTRÉE: Creamy Tuscan Chicken (GF) STARCH & VEGETABLE: Egg Noodles / Sautéed Mixed Veggies SALAD: Pasta Salad COOK'S CORNER: Peanut Butter & Jelly Bar! DELI: BURRITO BAR! ALLERGEN: GF Creamy Tuscan Chicken, GF Fussili & Sautéed Mixed Veggies HEALTHY CHOICE: Flavored Hummus & Veggies PIZZA: Broccoli White Pizza DESSERT: Limoncello Cake
WEDNESDAY – 2/11 OMELETS TO ORDER Egg & Cheese on a Biscuit	SOUP: Thai Chicken Noodle Soup ENTRÉE: Orange Chicken (GF) STARCH & VEGETABLE: Egg Rolls / Chateau Blend Veggies SALAD: Pineapple Cottage Cheese COOK'S CORNER: Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces ALLERGEN: GF Orange Chicken, Jasime Rice & Chateau Blend Veggies HEALTHY CHOICE: Stuffed Peppers w/Chicken & Rice PIZZA: Cheesy Garlic Bread / Cheese Tortellini with Marinara Sauce & Asiago Cheese DESSERT: Cream Puffs	SOUP: Thai Chicken Noodle Soup ENTRÉE: BBQ Pork Ribs STARCH & VEGETABLE: Buttered Corn Muffins / California Blend Veggies SALAD: Pineapple Cottage Cheese COOK'S CORNER: Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces ALLERGEN: GF Pork Ribs, Steamed Potatoes & California Blend Veggies HEALTHY CHOICE: Stuffed Peppers w/Chicken & Rice PIZZA: Cheesy Garlic Bread / Cheese Tortellini with Marinara Sauce & Asiago Cheese DESSERT: Cupcakes

Monday - Friday:

Breakfast 7am - 10:30am
 Lunch 11am - 4pm
 Dinner 4:30pm - 7pm

Saturday - Sunday:

Breakfast 9:30am - 10:30am
 Lunch 11am - 4pm
 Dinner 4:30pm - 6pm

BREAKFAST Available Daily:

Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles & Pancakes, Breakfast Potatoes, Bagels/Pastries

LUNCH Available Daily:

Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings, Mac & Cheese, Pizza, MYO Waffles & Pancakes, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream

DINNER Available Daily:

Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings Pizza, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream

BREAKFAST	LUNCH	DINNER
THURSDAY – 2/12 OMELETS TO ORDER Bacon, Egg & Cheese Strudel	SOUP: Broccoli Cheddar Soup (GF) & Beef Barley Soup ENTRÉE: Pepper Steak STARCH & VEGETABLE: White Rice / Garlic Green Beans SALAD: Sealeg Salad COOK'S CORNER: SUSHI BAR! DELI: BURRITO BAR! ALLERGEN: GF Pepper Steak, White Rice & Garlic Green Beans HEALTHY CHOICE: Flaked Salmon Salad PIZZA: Chicken Parm Pizza DESSERT: Dessert Bars	SOUP: Broccoli Cheddar Soup (GF) & Beef Barley Soup ENTRÉE: Roasted Sliced Turkey Breast w/Turkey Gravy (GF) STARCH & VEGETABLE: Mashed Potatoes / Mixed Veggies SALAD: Sealeg Salad COOK'S CORNER: SUSHI BAR! DELI: BURRITO BAR! ALLERGEN: Roasted Sliced Turkey Breast w/GF Turkey Gravy, Mashed Potatoes & Mixed Veggies HEALTHY CHOICE: Flaked Salmon Salad PIZZA: Chicken Parm Pizza DESSERT: Tiramisu
FRIDAY – 2/13 OMELETS TO ORDER Egg & Cheese on a Bagel	SOUP: Chicken Noodle Soup ENTRÉE: Stuffed Sole STARCH & VEGETABLE: Parsley Buttered Potatoes / Glazed Baby Carrots COOK'S CORNER: Beef or Chicken Empanadas DELI: BURRITO BAR! ALLERGEN: Grilled Chicken, Parsley Buttered Potatoes & Steamed Broccoli HEALTHY CHOICE: No Bake Energy Bites PIZZA: French Bread Pizza DESSERT: Sugar Cookies	SOUP: Chicken Noodle Soup ENTRÉE: Roasted Sliced Pork Loin STARCH & VEGETABLE: Parmesan Roasted Potatoes / Glazed Baby Carrots COOK'S CORNER: Beef or Chicken Empanadas DELI: BURRITO BAR! ALLERGEN: Roasted Sliced Pork Loin, Parmesan Roasted Potatoes & Glazed Baby Carrots HEALTHY CHOICE: No Bake Energy Bites PIZZA: French Bread Pizza DESSERT: Cheesecakes with Assorted Toppings
SATURDAY – 2/14 Continental Breakfast Omelets (CTO) 9:30am-11:00am 	SOUP: Soup Du Jour ENTRÉE: Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) French Toast (11:00-2:00) COOK'S CORNER: Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, craisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread PIZZA: Assorted Pizza DESSERT: Assorted Pastries, Muffins & Donuts	SOUP: Soup Du Jour ENTRÉE: Sliced Sirloin w/Sauteed Mushrooms & Beef Gravy (GF) STARCH & VEGETABLE: Baked Potatoes w/Butter & Sour Cream / Roasted Asparagus COOK'S CORNER: Closed ALLERGEN: Sliced Sirloin w/Sauteed Mushrooms & GF Beef Gravy, Baked Potatoes w/Sour Cream & Butter & Roasted Asparagus PIZZA: Assorted Pizza / Heart Shaped Pasta with Alfredo Coby Cream or Marinara Sauce DESSERT: Gourmet Cupcakes Made by Culinary
SUNDAY – 2/15 Continental Breakfast Omelets (CTO) 9:30am-11:00am	SOUP: Soup Du Jour ENTRÉE: Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) Bacon, Egg, Potato & Cheddar Cheese Casserole (11:00-2:00) COOK'S CORNER: Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, craisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread PIZZA: Assorted Pizzas DESSERT: Assorted Pastries, Muffins & Donuts	SOUP: Soup Du Jour ENTRÉE: Chicken Fajita with Assorted Toppings STARCH & VEGETABLE: Red Beans & Rice & Jalapeno Corn COOK'S CORNER: Closed ALLERGEN: GF Chicken Fajita with Assorted Toppings, Red Beans & Rice & Jalapeno Corn PIZZA: Assorted Pizza DESSERT: Ice Cream Novelties