

CHAMPLIN WEEKLY MENU

Week of January 20 - 26

****Chicken Sandwich, Hamburgers & Cheeseburgers: Everyday**

****Pasta served with 3 Sauces at Pizza Station**

Every Lunch & Dinner except special Pasta Wednesdays

****Macaroni & Cheese Everyday (Next to French Fries)**

~ Menu subject to change due to availability ~

Monday - Friday: Breakfast 7am - 10:30am Lunch 11am - 4pm Dinner 4:30pm - 7pm	Saturday- Sunday: Breakfast 9:30am - 10:30am Lunch 11am - 4pm Dinner 4:30pm - 6pm
BREAKFAST Available Daily: Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles & Pancakes, Breakfast Potatoes, Bagels/Pastries	
LUNCH Available Daily: Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings, Pizza, MYO Waffles & Pancakes, CTO, Hot Bar, Deli, Salad Bar,, & Ice Cream,	DINNER Available Daily: Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings Pizza, CTO, Hot Bar, Deli, Salad Bar, Ice Cream

BREAKFAST	LUNCH	DINNER
MONDAY – 1/20 OMELETS TO ORDER Waffle Sandwich w / Egg & Sausage	SOUP: Chicken Noodle ENTRÉE: Blackened Chicken topped with Pepperjack Cheese STARCH & VEGETABLE: Cheesy Grits / California Blend Veggies SALAD: Broccoli Bacon Salad COOK’S CORNER: Thai Curry Bowl – Choice of Chicken, Shrimp, Veggies in Thai Coconut curry sauce over Basmati rice ALLERGEN: GF Blackened Chicken / Cheesy Grits / California Blend Veggies PIZZA: Buffalo Chicken Pizza DESSERT: Magic Cookie Bar	SOUP: Chicken Noodle ENTRÉE: Pan Roasted Sausage w/ Onions & Peppers STARCH & VEGETABLE: Wedge Potatoes / Green Beans, Peppers, Yellow Squash, Onion & Garlic SALAD: Broccoli Bacon Salad COOK’S CORNER: Thai Curry Bowl – Choice Chicken, Shrimp, Veggies in Thai Coconut curry sauce over Basmati rice ALLERGEN: Sausage & Peppers w/Sauce & Mozzarella, Green Beans & Veggies / Steamed Potatoes PIZZA: Buffalo Chicken Pizza DESSERT: Pumpkin Pie
TUESDAY 1/21 OMELETS TO ORDER Apple Oat Strudel Puffs	SOUP: Tuscan White Bean Soup ENTRÉE: Sweet and Spicy Asian Garlic Chicken (GF) STARCH & VEGETABLE: White Rice / Bok Choy, Peppers, Onions, Baby Corn, Garlic Oil SALAD: Mexican Chopped, Salad COOK’S CORNER: Omelet Extension DELI: BURRITO BAR! ALLERGEN: GF Sweet & Spicy Asian Garlic Chicken / White Rice / Veg Blend PIZZA: 4 Cheese Pizza DESSERT: M & M Cookies	SOUP: Tuscan White Bean Soup ENTRÉE: Panko Crusted Chicken Breast on a bed of Broccoli Cheddar Sauce (GF) STARCH & VEGETABLE: Scalloped Potatoes / Sauteed Spinach SALAD: Mexican Chopped Salad COOK’S CORNER: Omelet Extension DELI: BURRITO BAR! ALLERGEN: Panko Crusted Chicken Breast on Broccoli Cheddar Sauce / Rstd Red Potatoes / Spinach PIZZA: 4 Cheese Pizza DESSERT: Cheesecake w/Strawberry & Blueberry Topping
WEDNESDAY – 1/22 OMELETS TO ORDER Egg & Cheese on Kaiser Roll	SOUP: Homemade Cream of Mushroom Soup ENTRÉE: Asian BBQ Pork STARCH & VEGETABLE: Pot Stickers / Steamed Broccoli SALAD: Watergate Salad w/ Pistachio Pudding COOK’S CORNER: Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces ALLERGEN: Grilled Pork Chops / Steamed Potatoes / Steamed Broccoli PIZZA: Garlic Knots DESSERT: Cannoli	SOUP: Homemade Cream of Mushroom Soup ENTRÉE: Roasted London Broil with GF Beef Gravy STARCH & VEGETABLE: Mashed Potatoes / Corn SALAD: Watergate Salad w/ Pistachio Pudding COOK’S CORNER: Pasta Action with choice of Chicken, Shrimp, Sausage, Veggies, & Sauces ALLERGEN: Carved, Roasted London Broil w/ GF Beef Gravy / Mashed Potatoes / Corn PIZZA: Garlic Knots DESSERT: Boston Cream Pie
THURSDAY – 1/23 OMELETS TO ORDER Egg & Cheese on an English Muffin	SOUP: White Chicken Chili ENTRÉE: Chicken Souvlaki served w/Shredded Lettuce, Diced Tomatoes, Diced Red Onion, Tzatziki Sauce and Pita Bread STARCH & VEGETABLE: Confetti Cous Cous / Catalina Blend Vegetables SALAD: Hummus w/ Pita Points COOK’S CORNER: Roasted or Fried Chicken Wraps with all the Toppings DELI: BURRITO BAR! ALLERGEN: Chicken Souvlaki with Toppings / GF Flat Bread / Lemon Dill Rice / Catalina Blend Vegetables PIZZA: Roasted Garlic, Ricotta, Spinach & Grilled Chicken Pizza DESSERT: White Chip Macadamia Nut Cookies	SOUP: White Chicken Chili ENTRÉE: Baked Cod with a Garlic Parmesan Crust STARCH & VEGETABLE: Roasted Red Potatoes / Sauteed Vegetable Blend SALAD: Hummus w/ Pita Points COOK’S CORNER: Roasted or Fried Chicken Wraps with all the Toppings DELI: BURRITO BAR! ALLERGEN: GF Chicken & Broccoli Alfredo PIZZA: Roasted Garlic, Ricotta, Spinach & Grilled Chicken Pizza DESSERT: Apple Pie
FRIDAY – 1/24 OMELETS TO ORDER Breakfast Burrito	SOUP: Cheeseburger Chowder ENTRÉE: Honey Ginger Pork Stir fry (GF) STARCH & VEGETABLE: Jasmine Rice / Chateau Vegetable Blend SALAD: Macaroni Salad COOK’S CORNER: Steak Tostadas in Fried Tortillas with Add-ons DELI: BURRITO BAR! With Toppings! ALLERGEN: GF Honey Ginger Pork Stir fry / Jasmine Rice /Chateau Vegetable Blend PIZZA: Meat Lovers Pizza DESSERT: Ginger Cookies	SOUP: Cheeseburger Chowder ENTRÉE: Sliced Roast Beef w/ Beef AuJus STARCH & VEGETABLE: Roasted Baked Potatoes / Green Beans SALAD: Macaroni Salad COOK’S CORNER: Steak Tostadas in Fried Tortillas with Add-ons DELI: BURRITO BAR! With Toppings! ALLERGEN: Sliced Roast Beef w/ GF Au Jus / Roasted Baby Potatoes / Green Beans PIZZA: Meat Lovers Pizza DESSERT: Chocolate Mousse Pie
SATURDAY – 1/25 Continental Breakfast Omelets (CTO) 9:30am-11:00am	9:30am - 2pm: Breakfast Potato, Bacon, Sausage & Scrambled Eggs SOUP : Soup Du Jour ENTRÉE: French Toast COOK’S CORNER : Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar PIZZA: Assorted Pizza DESSERT: Assorted Pastries, Muffins & Donuts	SOUP: Soup Du Jour ENTRÉE: Chicken Parmesan STARCH & VEGETABLE: Cheese Filled Bread Sticks / Roasted Asparagus COOK’S CORNER: Closed ALLERGEN: GF Chicken Parmesan / GF Pasta with Marinara Sauce / Roasted Asparagus PIZZA: Assorted Pizza DESSERT: Ice Cream Novelties
SUNDAY – 1/26 Continental Breakfast Omelets (CTO) 9:30am-11:00am	9:30am - 2pm: Breakfast Potato, Bacon, Sausage & Scrambled Eggs SOUP: Soup Du Jour ENTRÉE: Sausage Gravy & Biscuits COOK’S CORNER : Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar PIZZA: Assorted Pizzas DESSERT: Assorted Pastries, Muffins & Donuts	SOUP : Soup Du Jour ENTRÉE : Teriyaki Beef STARCH & VEGETABLE: White Rice/Garlic Ginger Stir Fried Zucchini, Yellow Squash, Onions COOK’S CORNER : Closed ALLERGEN : GF Teriyaki Beef / Jasmine Rice / Garlic Ginger Stir Fried Vegetables PIZZA: Assorted Pizza DESSERT: Ice Cream Novelties